

TPG aged care NEWS

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Inside this issue of the TPG Aged Care News :

- 2020
- FOOTBALL IS BACK
- THE RIGHT CALL
- COVID
- CREATIVE SOCIAL SUPPORT OPTIONS
- FLU VACCINE AND THE COVID APP
- RETURN TO THE NEW NORMAL
- SERVICES AVAILABLE TO GOLD CARD HOLDERS

COMMUNITY NURSING SERVICES

Personal Care
Medication Prompts
Catheter Management
Would Care
Medication Administration
Bowel Care

All Gold Card Holders are eligible for any of the above services and they are free of charge

HOME CARE PACKAGES

Our Client Liaison Co-ordinator is available to meet with you at no cost to give you an understanding of how you can have extra services through a package.

Call Linda a call on 9408 1100

2020

What a year it has been already. With bushfires, floods and the dreaded virus. Our last newsletter was sent out just prior to lockdown. As a result our experience of Anzac Day this year was remembered in a very different way. I wish to thank all clients for the way they have worked with us over the years and particularly during the last three months.

FOOTBALL IS BACK

For all of you who are Aussie Rules stalwarts I am sure that you will be very happy that football is returning to Optus Stadium. Whilst it is not totally ridgy-didge I have to say that I am enjoying getting back to a little routine.



THE RIGHT CALL

I acknowledge the role of our Premier, Mark McGowan and his Health Minister, Roger Cook. Their actions were always focussed on protecting Western Australians and our figures (see

next column) are just a small indicator that the decisions taken worked.

COVID

Fortunately, things are looking up for us all in Western Australia as a result of our commitment to COVID management strategies and our social isolation. I would never have considered being so far away from everyone else in the world was actually a very good thing but it has shown to be very valuable during the pandemic. Whilst we are still not out of the woods we are in a much more favourable position than our Aussie neighbours.

I am pleased to advise that we have been lucky enough not to have had any client or staff member infected by the virus. This is an exceptional claim considering that we have provided regular services to 1,481 people during the period since lockdown. Our 110 staff have been instrumental in supporting our clients over a period of 24,161 hours and have visited clients a total of 22,655 times.

Our initial response to the pandemic was fraught with fear because whilst we have regular supplies of gloves we work with monthly consignments. We were confronted with frustration when our attempts to purchase masks, gowns and hand sanitiser proved fruitless. My thanks go out to the staff who helped make masks (990 of them) and am thankful that we were never called on to need to use gowns.

CREATIVE SOCIAL SUPPORT OPTIONS

Whilst there were many anxious moments during the past three months there were a large number of very bright ones as well. Our staff were very creative in providing support for clients and we were able to create many memorable moments for our clients.

One really bright story is about a situation where one Support Worker was asked to provide social support for a 92 year old person who was experiencing depression as a result of being locked in for so long with no other contact. The staff member, being conscious of the need for social distancing, suggested that they have a picnic in a park. Food on offer was a Big Mac and a coffee. The client advised that she had never had the experience of driving through a McDonald's Drive In and was blown away by the way that orders were taken, how the food was paid for and finally the experience of sharing a McDonald's meal in a park.

FLU VACCINE AND THE COVID APP

The flu statistics for the year to date are interesting and show that there is real value in social distancing. However, I would remind you to take the opportunity to get a jab if you haven't already done so.

Our staff have all been encouraged to have the flu vaccine and download the app as an extra measure of protection for our clients.

RETURNING TO THE NEW NORMAL

Our lockdown has provided more time for reading and I found an interest in looking for new technological devices to assist us live longer, healthier lives. I was introduced to Zoom as a means of staying in touch and have found a myriad other inventions such as the TruLoo and a pendant that monitors our health called VitalTech. Check them out on Google.

SERVICES AVAILABLE TO GOLD CARD HOLDERS

As we are getting back to a new normal I would like to take the opportunity to remind you that Linda is available to meet with you to explain how you can retain your DVA funded services and take up a Home Care Package as well, at no cost to you. Please call her on 9408 1100.

SOME THINGS TO LAUGH ABOUT

A child asked his father: "How were people born?"

His father said: "Adam and Eve made babies, then their babies became adults and made babies, and

so on."

The child then went to his mother and asked her the same question. She told him: "We were monkeys then we evolved to become like we are today."

The child ran back to his father and said: "You lied to me!"

His father replied: "No I didn't. Your mother was talking about her side of the family."

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In a Catholic school cafeteria, a nun placed a note in front of a pile of apples. It read, "Take only one, God is watching."

Further down the line a young boy began piling his plate with cookies. He elbowed his friend, "Hey! Take as many as you want! God is watching the apples!"

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